



Society for Academic Primary Care

Special Interest Groups - Annual Report 2025

Please submit by 23rd January 2026

Group Details

Special Interest Group Name

Inclusion Health/ Deep End Research

Name

Lucy Potter

Name

Lucy Potter

Date

14/01/2026

Annual Report

As a rough guide for maximum number of words – 400 but if you wish to write a longer report this is fine.

Please complete the categories below:

Annual Report

Activities

- The number of involved members has grown from 24 to 51
- We have made sporadic contact with members e.g. to publicise relevant outputs and events and recruit to relevant studies.
- We held an in person meeting and social event at SAPC 2025 ASM Cardiff

Future Plans

- We have planned an online meeting for 30th March 2026- we have secured the team behind two recent studies exploring the co-use of benzodiazepines and opioids to speak at the event and we are about to invite members. Their research methods and findings are likely to be of interest to our members and we have factored in discussion time.
- We are preparing for an in-person meeting of the SIG at SAPC 2026 ASM in St. Andrews.
- We will continue to support a platform to share best practice, opportunities and collaboration.

Evidence of impact of the SIG

- The SIG was launched at the SAPC 2024 ASM in Bristol, so it is relatively “early days” to demonstrate significant impact.
- However, we are increasingly confident of the need for – and potential of – this SIG, given the growing interest in and support for Inclusion Health/ Deep End research. For example, the new NIHR 5 year research delivery strategy explicitly references Deep End practices as key partners.

- This national recognition of the Deep End research movement's contribution to primary care research is extraordinary. Together with NIHR's wider strategy, it will bring new resources and opportunities to transform evidence-based primary care medicine for the whole population going forwards, through more inclusive research and practice.

Outcomes from SIG meeting at last SAPC ASM (if held)

- 19 members attended.
- Recapped group aims.
- Agreed to unblind Ccing in email comms so we can contact each other as Teams not working well between institutions.
- Shared opportunities- hubs, NIHR emphasis on "inclusive research design" for any grant or fellowship funding - this is new and important shift; emphasis on practical solutions rather than just describing the problem.
- Discussion of how to increase political influence- connecting with values, stories can be impactful and efficiency arguments.
- Deep end early career support WhatsApp group: to nurture and support early career researchers interested in inclusive research. Quarterly online meetings. Not just early career researchers.

How affiliation with SAPC has helped the SIG

- It has provided a platform to bring together people working in this space who are often relatively isolated.
- It has increased dissemination of relevant work and opportunities.
- It has increased visibility of this field and network- the mailing list has grown as people have contacted us wanting to be added who have seen and heard of the SIG.