



Society for Academic Primary Care

## Special Interest Groups - Annual Report 2025

Please submit by 23rd January 2026

### Group Details

**Special Interest Group Name**

Learning Disabilities and Autism Research Group

**Name**

Umesh Chauhan

**Name**

**Date**

09/01/2026

### Annual Report

As a rough guide for maximum number of words – 400 but if you wish to write a longer report this is fine.

Please complete the categories below:

#### Annual Report

**Activities**

September 1-3, 2025: International Association for the Scientific Study for Intellectual and Developmental Disabilities (IASSIDD) Health Issues Special Interest Research Group Conference: we convened a Task and Finish Group for 'Developing and Implementing International Guidelines on the Primary Care of Adults with Intellectual and Developmental Disabilities'. Over 20 international colleagues met and has led to some specific out actions including working with clinicians and academics across UK to update the Royal College of General Practitioners' Health Check for People with Learning Disabilities toolkit.

The Royal Collage of General Practitioners now has an updated Learning Disability Group Page <https://www.rcgp.org.uk/about/communities-groups/learning-disabilities> The group holds quarterly evening meeting which provides an opportunity for academics to put forwards research ideas and disseminate findings. Recording of meetings are shared on a youtube channel for group members which also has a WhatsApp group with over 100 members.

There is also an active Discord Group <https://discord.gg/xXUuFDGb> for sharing research.

**Future Plans**

The ISASSIDD Health SIG will reconvene in Munich in July 2026 to update the International Guidelines for Primary Care.

The Annual RCGP One Day Essential Meeting (free to RCGP members) is planned for April 2026 and includes updates on latest research evidence.

We hope to publish the updated RCGP guidelines for Health checks later this year

**Evidence of impact of the SIG**

There is ongoing discussion with the National Screening Committee based on research evidence for reducing bowel screening age for people with learning disability to 40 years. Members of the RCGP and SAPC SIG regularly provide feedback to National Institute for Health and Social Care (NICE) on proposed guidelines and quality indicators.

**Outcomes from SIG meeting at last SAPC ASM (if held)**

We were unable to hold a meeting in 2025

**How affiliation with SAPC has helped the SIG**

Working collaboratively with the RCGP SIG allows greater access to academic activity for clinicians who wouldn't necessarily be exposed and gives them greater opportunity to be involved.