

ADAPTABLE PRIMARY CARE

EMBRACING NEW APPROACHES AND
ADJUSTING TO DIVERSE NEEDS

53RD SAPC ANNUAL SCIENTIFIC MEETING

8TH - 10TH JULY 2025
CARDIFF UNIVERSITY



PROGRAMME



SAPC
Society for Academic Primary Care

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CONFERENCE COMMITTEE

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EVENT DESIGNER

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From left to right: Professor Adrian Edwards, Professor Fiona Wood, Dr Harry Ahmed

ELECTRONIC PROGRAMME AND ABSTRACTS

Abstracts can be found on the online programme

<https://virtual.oxfordabstracts.com/#/e/sapc2025asmcardiff/program>

Create your own personal programme of talks within parallel sessions by logging into Oxford Abstracts and bookmarking sessions/presentations.



NETWORKING

As in previous years, we are offering different ways to meet new people at the conference. This can be especially helpful if you are an early career researcher, are new to SAPC, a public participant, or if you are not attending with your own colleagues.

- A newcomers' welcome space at the back of Calon Suite 2 on Tuesday from 12:15-12:50. This will be hosted by our friendly colleagues from Cardiff. Come and join them; bring your lunch!
- PHoCuS breakfast meeting on Wednesday 9th July from 7:30-8:20am. PHoCuS is a section of SAPC which represents Primary Health Care Scientists. The group addresses career development needs of our members who don't come from a medically qualified background.
- The conference run and guided walk will take place at the end of the first day. This is great opportunity to meet other delegates.
- Mingle Bingo. Following positive feedback from last year, this fun interactive event returns. Pick up

your card from the registration desk and find delegates to match the descriptions in the grid. Prize draw for completed and returned cards!

- Meeting for patient and public contributors will be held on Wednesday morning refreshment break in the Calon lobby. Come and meet other public contributors and SAPC colleagues supporting patient and public involvement.
- SAPC Ambassadors' meeting will be held in the refreshment break of Wednesday afternoon. Come along to meet fellow Ambassadors, or perhaps come and chat if you are interested in representing your department as a SAPC Ambassador to find out more about what we do.
- We are running craft sessions in the afternoon refreshment breaks on the 2nd floor break out area. Bring your refreshments and your creative energy!
- After the conference closes, there will be some rooms and spaces for you to continue discussions with colleagues before returning home if you wish. Speak to the SAPC Secretariat if you are interested in using one of these rooms to check availability.

A VERY WARM WELCOME TO THE 53RD SAPC ASM 2025

Welcome to the Society for Academic Primary Care (SAPC) 2025 Annual Scientific Meeting!

Dear Colleagues and Friends,

We are delighted to welcome you to this year's SAPC Conference in Cardiff. The conference brings together primary care researchers and educators from diverse backgrounds and regions, with a shared commitment to improving primary care through research, education, and innovation.

This year's theme, "*Adaptable Primary Care: Embracing New Approaches and Adjusting to Diverse Needs*," underscores the importance of flexibility and responsiveness in our field. As primary care professionals, educationalists, and researchers, we are continually challenged to adapt to the evolving healthcare landscape and meet the varied needs of the populations we serve. This includes navigating changes in policy, funding and workforce environments, which require us to be innovative and resilient in our approaches. This conference provides a platform for exchanging ideas, fostering collaborations, and showcasing the latest research that embody this adaptability.

We have an exciting lineup of plenary speakers who will share their insights with us in relation to the conference themes. The 11th Helen Lester Memorial Lecture is scheduled for the end of the second day of the conference. We are immensely grateful to all our speakers and chairs for their contributions. Following delegate

feedback from previous years, we have reverted to printed poster presentations allowing you more opportunities to view and engage with the excellent poster submissions. We continue previous conferences' successes with creative inquiry workshops that encourage innovative thinking and collaboration, as well as the Dangerous Ideas Soap Box, where bold and provocative ideas can be shared and debated in an open forum.

In addition to the academic program, we are delighted to offer an exciting social program designed to foster connections and celebrate our community. A highlight of this year's conference is the Gala Dinner at the National Museum Cardiff, which includes a drinks reception in the impressionist gallery. Our social program also features craft activities and a guided run or walk through Cardiff's Bute Park, allowing you to enjoy Cardiff while connecting with fellow attendees.

Whether you are a seasoned researcher, early career researcher, an educator, or a practitioner, we believe there is something here for everyone. We encourage you to take full advantage of the networking opportunities, share your insights, and be inspired by the collective knowledge and passion of our community.

Thank you for joining us, and we look forward to a productive and inspiring conference.

Fiona. Harry & Adrian

Conference chairs
On behalf of the organising committee

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PROGRAMME AT A GLANCE

TUESDAY 8TH JULY 2025

08:45	Registration opens	Calon Lobby
09:00-12:00	Education Research SIG meeting	Pink/Caernarfon
10:00-11:00	SIG meetings session 1	See programme pages
11:00-12:00	SIG meetings session 2	See programme pages
11:00-12:30	Mackenzie Group meeting	Caerleon suite
12:00-13:00	Lunch break	Calon lobby
12:15-12:50	Newcomers welcome space	Orange/Calon2
13:00-13.50	Opening Plenary Prof Martin Marshall What's the future of primary care?	Red/Calon 1
14:00-15:00	Parallel session 1 Cancer 1, Infections, Education and Training, Health Inequalities, Cardiovascular Disease. Workshop 1: Rupert Payne - <i>Growing research capacity within academic primary care: building a community representative of the primary care workforce</i>	See programme pages
15:00-15:30	Refreshment break Pin-painting activities	Calon lobby/breakout areas 2nd floor break out area
15:30-16:00	Poster session 1 Access and continuity, CVD, Diabetes and Endocrine	Orange/Calon2
16:00-17:15	Parallel session 2 Women's Health 1, Long Term Conditions, Primary/Secondary Care Interface, People, Places and Environment, Prescribing. Workshop 2: Catherine Pope - <i>Phones and Ladders - a games workshop exploring the challenges of GP appointment systems and inequalities in access to primary care</i>	See programme pages
17:30-18:30	HoDs meeting	Tredegar suite
17:45-18:45	Social activities Guided Run and Guided Walk through Cardiff City Centre Parks	Meeting point Calon Lobby

PROGRAMME AT A GLANCE

WEDNESDAY 9TH JULY 2025

07:30-08:20	PHoCuS Group breakfast meeting	Yellow/Brecon suite
07:45	Registration opens	Calon Lobby
08.30-09.20	Plenary 2 Dr Margaret McCartney - Evidence or bust	Red/Calon 1
09:20-09:35	Distinguished paper from the annual meeting of Australasia Leanne Hall - <i>Navigating risk in general practice: unveiling clinical prediction rules for surgical site infection after minor surgery</i>	Red/Calon 1
09:35-10:05	Presentations of Distinction Dr Polly Duncan - <i>Using the Primary care Academic Collaborative (PACT) to explore the characteristics and unmet health needs of older housebound patients (the CHIP study)</i> Dr Hassan Awan - <i>Co-navigating care: A qualitative study exploring the diverse needs of South Asian men with long-term conditions in primary care with emotional distress</i>	Red/Calon 1
10:05-10:35	Refreshment break PPI Reception	Calon lobby
10:35-11:15	Poster session 2 Education and Training, Innovation, Older People	Orange/Calon2
11:15-12:15	Parallel session 3 Cancer 2, Continuity of Care, Inclusivity in Research, Respiratory, Skin. Workshop 3: Nina Smyth - <i>Overcoming 'Medical Ambivalence' to improve access to quality and responsive primary care</i>	See programme pages
12:15-13:15	Lunch break	Calon lobby
12:40-13:10	SAPC Annual General Meeting - All welcome	Red/Calon 1
13:15-14:15	Parallel session 4 Mental Health 1, Pharmacy, Older People, Digital Primary Care, Children and Young People. Workshop 4: Miriam Samuel - <i>How can primary care embrace the potential of genomic medicine to personalise medicine and tackle health inequalities?</i>	See programme pages
14:15-14:45	Refreshment break SAPC Ambassadors' Reception Pin-painting activity	Calon lobby/breakout areas Calon lobby 2nd floor breakout area
14:45-15:15	Poster session 3 Multimorbidity, Women's Health, Respiratory and Skin	Orange/Calon2
15:20-16:20	Parallel session 5 Women's Health 2, Vulnerable Populations 1, Workforce 1, Musculoskeletal Conditions, Patient Centered Care. Workshop 5: Roshni Bhudia - <i>Sustainable Healthcare Education: Translating community priorities into a toolkit for GP educators</i>	See programme pages
16:30-17:15	Plenary 3. 11th Helen Lester Memorial Lecture Prof Ann John - <i>Catch me if you can: self-harm and suicide in primary care</i>	Red/Calon 1
19:00-midn't	Conference drinks reception, dinner and dance (Pre-booked tickets only)	National Museum Cardiff

PROGRAMME AT A GLANCE

THURSDAY 10TH JULY 2025

08:00	Registration opens	Calon lobby
08:30-09:15	Welcome to Day 3 Dangerous Ideas Soap Box	Red/Calon 1
09:15-10:00	Plenary 4 Prof Claire Goodman - <i>"Our ability to adapt is amazing. Our ability to change isn't quite as spectacular" (Lutz): research on working across health and social care</i>	Red/Calon 1
10:00-10:30	Refreshment break	Calon lobby/breakout areas
10:30-11:00	Poster session 4 Prescribing, Mental Health, Cancer and SAPC Elective prize winner presentation	Orange/Calon2
11.05-12.05	Parallel session 6 Mental Health 2, Reproductive Health, Vulnerable Populations 2, Workforce 2, Inclusivity in Practice and Education. Workshop 6: Lynsay Crawford - <i>Comics and Conversation: capturing narratives of addiction and recovery to create a community graphic memoir</i>	See programme pages
12:10-12:50	Award Winners Session OECR Academic General Practitioner Jienchi Dorward - <i>Trials, diagnostics and routine data analysis to improve primary care management of infectious diseases in South Africa and the UK</i> OECR Primary Care Scientist Kelly Birtwell - <i>Advancing neuro-affirmative primary care through autism research</i> SAPC Doctoral prize – Lily Taylor - <i>A better FIT: Risk stratification of screening intervals and FIT thresholds in bowel cancer screening</i>	Red/Calon 1
12:50-13:05	Prize Giving and ASM 2026 Preview	Red/Calon 1
13:10-14:00	Lunch & conference close	Calon lobby
14:00-16:00	ASM meeting rooms available for networking	



DAY 1 - TUESDAY 8TH JULY

TIME		LOCATION
08:45	Registration opens	Calon Lobby
09:00 - 12:00	Education Research SIG meeting	Caermarfon/Pink
10:00 - 11:00	SIG meetings session 1:	
	Sexual and Reproductive Health	Orange/Calon 2
	Urgent Primary and Community Care	Orange/Calon 2
	PPI and Participatory Research Approaches in Primary Care	Tredegar suite
	Inclusion Health/Deep End Research	Tintern suite
	Continuity of Care	Caerleon suite
	Kidney	Portmeirion suite
	Exercise/Physical Activity as Medicine	Monmouth suite
11:00 - 12:00	SIG meetings session 2:	
	Behaviour Change	Orange/Calon 2
	Quality and Safety Improvement in Primary Care	Orange/Calon 2
	Women's Health	Orange/Calon 2
	Digital Technologies in Primary Care	Tredegar suite
	PACT	Tintern suite
	Mental Health	Portmeirion suite
11:00 - 12:30	Mackenzie Group meeting	Caerleon
12:00 - 13:00	Lunch break	Calon lobby
12:15 - 12:50	Newcomers welcome space	Orange/Calon 2
13:00 - 13:10	Conference opening: Prof Kerry Hood, Dean of Research & Innovation, College of Biomedical and Life Sciences, Cardiff University.	Red/Calon 1
13:10 - 13:50	Opening plenary Speaker: Prof Martin Marshall Title: <i>What's the future of primary care?</i> Chair: Prof Adrian Edwards	Red/Calon 1

	Red/Calon 1 Cancer 1	Yellow/Brecon Infections	Green/Kidwelly Education and Training	Blue/Caerphilly Health Inequalities	Purple/Pembroke Cardiovascular Disease	Pink/Caernarfon WORKSHOP 1
14:00	Susannah Fleming CASNET2: Evaluation of an Electronic Safety Netting (E-SN) cancer toolkit for the primary care electronic health record	Gail Hayward TOUCAN study – Evaluation of new rapid tests for diagnosing urinary tract infections in primary care settings	David Jewell Development of a blended multidisciplinary education for primary care health workers in Palestine	Nawwarah Alfarwan Demographic and Socioeconomic Disparities in Telemedicine Utilisation Among Individuals with Type 2 Diabetes in Primary Care: A Systematic Review and Meta-Analysis	Elizabeth Hoon GP attitudes towards the potential utility of an AI-augmented clinical decision support tool for hypertension – a cross-country qualitative study	Rupert Payne Growing research capacity within academic primary care: building a community representative of the primary care workforce
14:15	Gary Abel To refer, or not to refer for suspected cancer? A qualitative study with General Practitioners in England	Emily Brown Rapid respiratory microbiological POCTs and antibiotic use in primary care: the RAPID-TEST RCT	Aisia Lea Investigating the Efficacy of Student-Developed Resources in Improving Undergraduate Medical Student Knowledge About Digital Consultations and Consultation Type Suitability	Louis Levene Did deprivation scores predict longitudinal trends in NHS payments in English general practices across the COVID-19 pandemic? an ecological study	Clare Taylor Development and validation of a risk prediction model for earlier diagnosis of heart failure in primary care (RiskHF)	
14:30	Harriet Quinn-Scoggins Preparing healthcare services for equitable and informed implementation of Multi-Cancer Detection blood tests	Jemima Cooper Use of the FebriDx® host response point-of-care-test for upper respiratory tract infections in primary care: a qualitative interview study with patients and clinicians	Taha Khan Lessons learned from the experiences of patients with long-term conditions: recommendations for enhancing the undergraduate medical curriculum	Josephine Reynolds Evaluating the potential impact of FAIR-STEPS primary care interventions on health inequity and cost-effectiveness.	Penny Ralph Preliminary process evaluation findings - patient experiences of 'ActivateYourHeart', an online cardiac rehabilitation package for chronic angina	
14:35			Nóirín Fitzgerald An analysis of applications to the National Specialist Training Programme in General Practice Ireland from 2021-2024			
14:40			Lucy Baxter Health Inequalities: An investigation into health care student preferences for pedagogical approaches			
14:45	Clio Evans An in-depth exploration of key stakeholder perspectives to establish context for implementing ThinkCancer1, a novel behaviour intervention	Leigh Sanyaolu Improving Prophylactic Antibiotic use for Recurrent urinary Tract infection (IMPART): mixed-methods study to address evidence gaps and develop a decision aid	Lucy Baxter The Specialist Generalist: Specialty Teaching from a Primary Care Perspective	Hamish Foster Exploring the work of healthy living: developing a taxonomy of prevention burden through secondary analysis of qualitative data	Rosina Cross Patient-led interventions to manage symptoms and episodes of atrial fibrillation: A Mixed Methods Study (PALP-AF)	
14:50	Benjamin Cotterell ThinkCancer1 - Reaching over 1 million patients and accessing patient records via VPNs in primary care	Marlie Boks Long-term consequences of a Cryptosporidium hominis outbreak in Östersund, Sweden: an estimation of costs of production loss	James Bennett A Realist Evaluation of the National New to Practice GP Fellowship Programme	Andrew Riley Community Health and Wellbeing Workers: Piloting a community outreach programme in three settings in England, 2021 to 2024	Diandra Daley Improving Familial Hypercholesterolaemia Screening in Primary Care: An Updated Systematic Review and Meta-Analysis of Systematic Screening Methods for Identification of FH	

14:55		Nick Francis Using AI to predict progression of respiratory tract infection from sounds captured on a smartphone		Nic Dickson Community-A participatory and peer research training approach to improve physical activity in communities with high socio-economic deprivation	Suzy Hargreaves Understanding current practice and barriers to the optimisation of heart failure treatment whilst preserving renal function: a cross-sectional survey of UK health care professionals	
15:00 - 15:30	Refreshment break Pin-painting activity					
15:30 - 16:00	Poster session 1					
	Access and Continuity Poster area A		CVD Poster area B		Diabetes and Endocrine Poster area C	
15:30	Asrar Aldadi Factors influencing multiple non-utilized healthcare appointments from patients' and healthcare providers' perspectives in Saudi Arabia: A qualitative research study	Rosina Cross A systematic review of blood pressure monitor validation studies published since January 2018			Gydhia Al-Chalaby Public perception of body composition metrics: A community-based survey	
15:35	Louis Levene Predicting multiprofessional continuity across English general practices in 2024: a cross-sectional ecological study	Rumanveer Singh Duley The Role of Community Pharmacy in Preventing Cardiovascular Disease Among Minority Ethnic Communities in the UK			Lay Hoon Goh Diabetes care in Singapore Primary Care Networks: a mixed-methods study of healthcare professionals	
15:40	Vivian Ramsden In what ways has Case Management improved health and wellness with the community?	James Faulkner The effect of uninterrupted and interrupted sitting on vascular function in people with Long COVID			Lay Hoon Goh Diabetes care in Singapore Primary Care Networks: a qualitative study of primary care leaders' perspectives	
15:45	Alex Walter An investigation into the use and users of online primary care access in England	Sophie Haughton A Quality Improvement Project to Improve Adherence to Baseline Investigations in Patients with Newly Diagnosed Hypertension			Jathusa Peethamparam Assessing Patient Counselling Practices on Fournier's Gangrene and Diabetic Ketoacidosis in SGLT2 Inhibitor Users in a Local General Practice	
15:50	Jialan Hong Who sees whom in English primary care? Associations between consultation and patient factors, and the health professionals consulted	Naduni Mapatuna Is the Kidney Failure Risk Equation valid, diagnostically accurate and clinically applicable in non-white populations: A Systematic Review			Ailish Byrne Healthcare Use and its Variation in People with Fibromyalgia: A Systematic Review	
16:00 - 17:15	Parallel session 2					
	Red/Calon 1 Women's Health 1	Yellow/Brecon Long Term Conditions	Green/Kidwelly Primary/Secondary Care Interface	Blue/Caerphilly People, Places & Environment	Purple/Pembroke Prescribing	Pink/Caernarfon WORKSHOP 2
16:00	Sarah Bunnwell Women and health care professionals' experiences of discontinuing hormone replacement therapy (HRT): a systematic review	Rebecca Franks Who raises the topic of mental health in annual review consultations for patients with multiple long-term conditions: A mixed method analysis	Kayleigh Mason Trends in Advice & Guidance versus Direct Referrals in UK primary care between 2015-2023: an electronic health record study	Stefanie Disbeschl Understanding the barriers and facilitators affecting the use of remote consultations among marginalised communities: a mixed-methods systematic review	Penny Lewis Collaborative and co-Ordinated action for Medication Safety (COMS): Using experience-based co-design to develop interventions for improving General Practice and Community Pharmacy collaboration	Catherine Pope Phones and Ladders – a games workshop exploring the challenges of GP appointment systems and inequalities in access to primary care

Calon lobby
2nd floor break out area

Orange/Calon 2

16:15	Martina Svobodova Evaluating the clinical effects and cost-effectiveness of Testosterone to improve Menopause-related quality of life: a protocol for decentralised trial in UK primary care	Liza Bowen HbA1c variability and all-cause mortality in Type 1 and Type 2 diabetes: a population-based cohort study using electronic health records	Samatar Osman Defining a theoretical framework for the referral process at the primary-secondary care interface and what constitutes a "good referral" – a systematic scoping review with qualitative content analysis	Amy Dobson Supporting families with unsettled babies: Development of a digital behavioural intervention	Cini Bhanu Drug-induced postural hypotension: understanding cumulative risk of medications in primary care
16:30	Anne-Marie Boylan Improving communication about menopause for women from South Asian backgrounds: an in-depth qualitative study	Umar Chaudhry The association between body mass index and infection risks in people with and without type 2 diabetes using a large English cohort of electronic health records.	Kelly Howells Acute Kidney injury and transitions of care between hospital and primary care: A qualitative study using "Systems Thinking Methodology"	Natassia Brennan Social and Ethical Aspects of Remote and Hybrid Care in the Special Allocation Scheme in general practice (SEARCH): A mixed methods feasibility study	Victoria Welsh Pragmatic prescribing of opioid medications for chronic pain in people aged over 85
16:45	Neave Corcoran Quantifying cost and health-related quality of life outcomes in different multimorbidity trajectories: a systematic review	Simon Fraser Examining variations in adherence to guideline-recommended post-acute kidney injury care in UK primary care	Carolyn Chew-Graham Critical reflections on building sustainable public involvement in research	Ann Doherty Prescribing cascades among older community-dwelling adults in Ireland: prescription sequence symmetry analysis of ThinkCascades in a national dispensed prescription database	
16:50	Amy Fuller The epidemiology of co-morbidity in the United Kingdom Heart Failure population: a retrospective cohort study	Emilie McSwiggan Understanding the Significance of Places and Communities for Social Prescribing: State of the Art and Future Directions	Nicky Thomas Actionable strategies to support decarbonisation in general practice: A qualitative study of stakeholders' views		
16:55	Kristin Veighey Understanding risk stratification of patients with chronic kidney disease (CKD) risk in primary care: a qualitative study	Nandakumar Ravichandran Practitioners' perspectives on implementation of acute virtual wards: A scoping review	Helen Twohig An exploration of institutional, organisational and professional factors that influence the implementation of decarbonisation actions in general practice: a longitudinal qualitative study		
17:00	Becky Bonfield The role of social networks in self-management after an episode of acute kidney injury or for people living with chronic kidney disease: a narrative synthesis	Michelle Rickett Supporting discharge to primary care from Early Intervention in Psychosis services: a qualitative case study approach	Florence Karaba Sustainable Health care: Understanding patient engagement and perceptions in general practice		
17:05		Nicholas Boddy Ensuring discharge communication meets the needs of continuing expert generalist GP care: A qualitative study	Helen Frost Improving engagement in primary care with green social prescribing for older patients living in deprived areas: Development of a digital toolkit ("Deep Green")		
17:30 - 18:30	HoDs meeting				Tredegar Suite
17:45 - 18:45	Social activities: Guided Run and Guided Walk through Cardiff City Centre Parks				Meeting point Calon Lobby

DAY 2 - WEDNESDAY 9TH JULY

TIME		LOCATION	
07:30 - 08:20	PHoCuS Group breakfast meeting	Yellow/Brecon	
07:45	Registration opens	Calon Lobby	
08:30 - 08:35	Welcome to day 2	Red/Calon 1	
08:35 - 09:20	Plenary 2 Speaker: Dr Margaret McCartney Title: Evidence or bust Chair: Dr Harry Ahmed		
09:20 - 09:35	Distinguished paper from the annual meeting of Australasia Speaker: Leanne Hall Title: Navigating risk in general practice: unveiling clinical prediction rules for surgical site infection after minor surgery Chair: Prof Rupert Payne		
09:35 - 10:05	Presentations of distinction Speaker: Dr Polly Duncan Title: Using the Primary care Academic CollaboraTive (PACT) to explore the characteristics and unmet health needs of older housebound patients (the CHIP study) Speaker: Dr Hassan Awan Title: Co-navigating care: A qualitative study exploring the diverse needs of South Asian men with long-term conditions in primary care with emotional distress Chair: Prof Rupert Payne		
10:05 - 10:35	Refreshment break PPI reception	Calon lobby	
10:35 - 11:15 Poster session 2			
	Education and Training Poster area A	Older People Poster area C	
10:35	Sarah Armstrong Patient and carer experiences of involvement in remote primary care CONSULTations for Medical Education: A mixed methods study (CONSULT-IME)	Sarah Mills Patterns of attendance at emergency department, hospital outpatients and hospital admissions in the last year of life	
10:40	Sarah Armstrong Using GP tutors' experiences to enhance undergraduate primary care leadership teaching: a Learning Needs' Assessment	Nick Francis Exploring potential future diagnostic strategies for care home UTI: results from the DISCO UTI study	
10:45	Aisling Egan Vision and Motivating factors for a career in general practice	Pippa Sealy Challenges and strategies when capturing urine samples from care home residents: a focus group with care home staff	

10:50	Rachel Fowden-Hulme Adapting to Inspire: The 'Future of Primary Care' Seminar Series	Ioanna Gkertso Characteristics of Training of Lay Health Worker Interventions in Randomised Control Trials Targeting Ethnic Minorities in High Income countries: A systematic review and Narrative Synthesis	Rachel Spencer Using GP-MATE in General Practice – A Feasibility Study to Test Real-World Usability and Acceptability
10:55	Catherine Neden Digital twinning for placements: a novel approach to primary care learning	Beccy Summers Patient Bridge Role: a new approach for patient and public involvement (PPI) in primary care research programmes	Sara McKelvie Exploring the acceptability of Home-based Creative Arts Interventions for Older People known to Community Health Services
11:00	Will Spiring Integrated degrees: Understanding how medical students select their IBScs	Sarah Mackie Commonly diagnosed but rarely discussed: how a charity partnership identified key insights to address inequities in polymyalgia rheumatica	Kajal Panchal Characteristics of a General Practice Cohort for a Primary Care-based Dementia Risk Prediction Model
11:15 - 12:15 Parallel session 3			
	Red/Calon 1 Cancer 2	Yellow/Brecon Continuity of Care	Purple/Pembroke Skin
11:15	Gary Abel Improving cancer diagnosis pathways in primary care through development of a communication tool for GPs, nurses and patients with anxiety and depression	Patrick Burch What do patients and clinicians think about relational continuity of care in general practice in the post-Covid era?	Lydia Tutt Experiences of people with eczema on navigating primary care with Topical Steroid Withdrawal
11:30	Frank Sullivan Targeting lung cancer screening on those most likely to benefit using biomarkers.	Emilie Couchman Rethinking continuity in context: introducing the CAP Continuity theory	Nina Smyth Overcoming 'Medical Ambivalence' to improve access to quality and responsive primary care
11:45	Nicola Cooper-Moss Adapting lung cancer screening for older adults: insights from the Lung Health Check-Plus (LHC-Plus) study	Serge Engamba Enhancing Understanding of Interventions to Increase Relational Continuity in Primary Care: A Realist Review of Context, Mechanisms, and Outcomes	Laura Howells Does frequency of bathing impact eczema symptoms? Results of the first Rapid Eczema Trials Project randomised controlled trial
11:50		Nguyen Tran Delivering a more inclusive and diverse research environment through community pharmacies – Taking the innovative trial design from PRINCIPLE and PANORAMIC one step further	Taeko Becque Interventions for improving adherence to acne treatments: a systematic review of randomised controlled trials
	Victoria Shepherd 'I want the opportunity to be considered': does advance research planning have a role in supporting inclusive research in primary care?	Timothy Harries Improving safety and Treatment precision for Acute COPD Exacerbations (TRACE): Feasibility of point-of-care testing in community pharmacies to provide targeted treatment of COPD exacerbations. A qualitative study	Eliza Hutchison Eczema, acne and psoriasis in skin of colour: primary care experiences in the United Kingdom

11:55				Rosie Harrison Embedding patient voice throughout the research cycle: reflections from the BADGER study on the value of engaging different patient groups			Diarmuid Quinlan Competencies and clinical guidelines for managing acne with isotretinoin: A scoping review
12:00	Judit Konya Early cancer detection in community pharmacies in deprived areas - an online survey	India Wheeler Promoting equitable continuity of care through development of a new tool: a grassroots Deep End project	Tim Stokes The primary care research priorities of people in Southern Aotearoa New Zealand	Priya Sarkar Prevalence and demographic variation of Chronic Respiratory Disease in a large English primary care database	Emily Wales Atypical Mycobacterium: A Challenge in the Treatment of Pemphigus Vulgaris 'The not-so-common blister'		
12:05	Lynn McBain Experience of HPV primary screening utilising self-testing: a cross-sectional survey of 'let's test for HPV' study participants in Aotearoa New Zealand	Joanna Slodkowska-Barabasz Experiences of carers of people with Parkinson's and cognitive impairment: a qualitative interview study		Farhin Ahmed Understanding the potential of assistive technology (AT) in people with chronic obstructive pulmonary disease (COPD) to support independence and wellbeing: A qualitative study			
12:10		Lisa Collins Patients should not all be treated the same: a Scoping Review of General Practice training in Cultural Models		Sophie Rees Understanding the acceptability and implementation of HEPA filtration units in care homes: the AFRI-c trial process			
12:15 - 13:15	Lunch break						
12:40 - 13:10	SAPC Annual General Meeting - All welcome						
13:15 - 14:15	Parallel session 4						
	Red/Calon 1 Mental Health 1	Yellow/Brecon Pharmacy	Green/Kidwelly Older People	Blue/Caerphilly Digital Primary Care	Purple/Pembroke Children and Young People	Pink/Caernarfon WORKSHOP 4	
13:15	Chris Burton Complex Mental Health Difficulties in Primary Care: a scoping review with thematic synthesis	Isaac Yen-Hao Chu Exploring key facilitators and barriers in the development and early implementation of "Pharmacy First" services for managing common conditions in England	Tasmin Rookes Clinical and cost-effectiveness of the Live Well self-management toolkit for people with Parkinson's and their carers - an RCT	Cynthia Ochieng Accessible Results: enabling patients with diverse needs to access and understand their blood test results online	Faraz Mughal The CO-produced Psychosocial Intervention delivered by GPs to young people after self-harm: a feasibility study	Miriam Samuel How can primary care embrace the potential of genomic medicine to personalise medicine and tackle health inequalities?	
13:30	Nicola Wiles Integrated therapist and online cognitive behavioural therapy for primary care patients with depression: results of the INTERACT trial	Stephanie Stockwell The provision of primary care clinical services in community pharmacies in England: Lessons from a qualitative evaluation of the Community Pharmacy Contractual Framework	Juan Bazo-Alvarez Patterns of antipsychotic prescriptions: dosage, duration and restart in people with dementia in UK primary care	Francesca Dakin Technostress, technosuffering, and relational strain: results of a multi-method qualitative study of how remote and digital work affects staff in UK general practice	Emma Rengasamy How do referral source and sociodemographic characteristics impact referral decisions, waiting times and number of re-referrals to child and adolescent mental health services?		

13:45	Ian Maidment How can non-pharmacological interventions help to manage antipsychotic-induced weight gain in people with severe mental illness (SMI)?	Tomazo Kallis Navigating clinical uncertainty when reviewing polypharmacy in general practice: A qualitative interview study of practice-based pharmacists	Sarah Mills Practice level Variability and Assessing the dynamics of Multiple Long-Term Therapeutic Indicators in General Practice	Karen Wood The Acceptability of Quantum-Inspired Imaging for Remote Monitoring of Health and Disease in Community Healthcare (QUEST)	Thomas Purchase How can we involve parents to keep children safe in general practice? A scoping review of interventions across healthcare
14:00	Stella Kozmer Exploration of current practices of identification and management of Binge Eating Disorder and Bulimia Nervosa in primary care in the United Kingdom: a national survey	Tamsin Fisher Exploring the role of community pharmacy in providing advice and support for people with Long Covid: a qualitative study	Sara McKelvie Community Alternatives to a Cute Hospitalisation for Older People who have Fallen (CATCH-falls)	Christina Derksen The implementation challenge of computerised clinical decision support systems for the detection of disease in primary care: Systematic review and recommendations	Glenys Somayajula SPLa_ER – Is Long Covid diagnosed and coded in children's primary care and electronic healthcare Records?
14:05	Abubakar Sha'aban De-medicalising gluten-free products through a subsidy card scheme: a qualitative study of service users	Abi Moore Feasibility and acceptability of UTI research in care homes: research staff, care home staff and resident views on the DISCO UTI study	Bethan Treadgold Exploring the role of primary healthcare professionals in quality improving information and advice in peer online support groups: qualitative interview study	Rosie Essery Recruiting and engaging young people in the Acne Care Online Randomised Controlled Trial: early challenges and lessons learned	
14:10	Radin Karimi Characterising polypharmacy in home care services in the UK: a feasibility cohort study using the Clinical Practice Research Datalink (CPRD)	Evelyn Callahan Understanding older People's Perspectives of Postural hypotension: findings from the UPPP study	Kerstin Nothnagel AI-guided point of care ultrasound to diagnose deep vein thrombosis in primary care	Mary Steele Co-producing a social media advertising campaign to engage young people in acne research	
14:15 - 14:45	Refreshment break SAPC Ambassadors' reception Pin-painting activity				
14:45 - 15:15	Poster session 3				
	Multimorbidity Poster area A	Women's Health Poster area B	Respiratory and Skin Poster area C		
14:45	Afua Ampadu-Yeboah Multimorbidity Trajectories in Obese and Non-obese Individuals – A Longitudinal Analysis Using UK Biobank Data	Elin Bartlett What are women told about pain relief for intra-uterine device fitting: A document analysis	Emily Brown Prognostic value of upper respiratory tract microbes in children and adults presenting to primary care with acute respiratory infections as part of the RAPID TESTRICT		
14:50	Jo Butterworth Ensuring equality, diversity and inclusivity in the coproduction and planning for the evaluation of a shared decision-making intervention for older people living with multiple long-term conditions during general practice consultations	Wendy V. Norman Is medication abortion safe when far from emergency services?	Brigitte Delaney How contrasting practices are responding to asthma self-management implementation strategies; findings from a case study within the IMP2ART cluster randomised controlled trial		
14:55	Jane Desborough The impact of the out-of-pocket costs of health care and medicines for people living with chronic conditions in Australia viewed through the lens of Maslow's theory of human motivation	Jathusa Peethamparam A Clinical Audit of Safe Combined Oral Contraceptive Prescribing at a Local General Practice	Georgios Dimitrios Karamatakis Exploring patients' and clinicians' experiences of a primary care intervention to promote engagement in an online health community for adults with troublesome asthma: Qualitative interview study		

Calon lobby
Calon lobby
2nd floor breakout area

Orange/Calon 2

15:00	Chloe Gamlin Validation of the Short Treatment Burden Questionnaire for use in clinical practice	Sophie Rees Introducing the LS Guide: A live, comprehensive web-based resource for people with vulval lichen sclerosis	Helen E Wood A primary care intervention to promote engagement in an online health community for adults with troublesome asthma: a non-randomised feasibility study
15:05	Kieran Sweeney The impact of deprivation, condition count and co-morbid mental illness on quality of life in people with multimorbidity: An analysis using the new MMQ1 patient-reported outcome measure	Victoria Silverwood How can we improve primary care's management of perinatal anxiety? Insights from a community engagement and involvement event	Lydia Tutt Exploring the care pathway to diagnosis for patients with autoimmune blistering diseases: a qualitative study of General Practitioners' views
15:10			Sophie Varkonyi-Clifford Overcoming opportunistic recruitment challenges in primary care: lessons from the COAT trial of oral antibiotics for cellulitis
Parallel session 5			
	Red/Calon 1 Women's Health 2	Green/Kidwelly Workforce 1	Purple/Pembroke Patient Centred Care
15:20	Gillian Campbell Navigating the route to pelvic floor health: Women's perceptions from the EMPOWER Study	Michael Anderson Deprivation and General Practitioners' working lives in England: Repeated cross-sectional study	Claire Hastings Accounting for and explaining 'not doing' within healthcare – Analysing decision-making and documentation practices to address overuse in UK primary care
15:35	Ann Podlasek Intrauterine devices and gynaecological malignancies - an umbrella review of systematic reviews and meta-analyses	Stephen Woolford The Hidden Workload Study: a national mixed methods study of general practice workload (preliminary results)	Richard Baker Cross-sectional study of the association of patient-reported confidence and trust in the health professionals seen at their last consultation with characteristics of English general practices 2023-24
15:50	Helen Carr Use of Intervention Mapping to develop Orchid, a new digital tool for reproductive life planning	Charlotte Mason-Apps Academic Primary Care Workforce: An investigation of current capacity and the views of all grades regarding facilitators and barriers to academic primary care careers	Felicity Bishop Talking in Primary Care (TIP): A cluster-randomised controlled trial in UK primary care to assess clinical and cost-effectiveness of communication skills e-learning for practitioners on patients' musculoskeletal pain and enablement.
16:05	Kritika Mishra Hairdressing Salons to improve the uptake of NHS Health Checks: BELONG-Study Evaluation	Ben Williamson The Cost of a Fit Note: An Analysis of Economic Loss From English Primary Care Issued Fit Notes	Rachel Dewar-Haggart Patients' perceptions of primary care consultations: is empathy under threat? A nested qualitative study
	Yellow/Brecon Vulnerable Populations 1	Blue/Caerphilly Musculoskeletal Conditions	Pink/Caernarfon WORKSHOP 5
15:20	Ben Bowers Learning from end-of-life injectable medication patient safety incidents in primary care: a mixed-methods analysis of nationally reported data	Hollie Birkinshaw How does pain-related distress change over time in people consulting primary care for musculoskeletal pain?	Roshni Bhudia Sustainable Healthcare Education: Translating community priorities into a toolkit for GP educators
15:35	Jessica Carter Development of an Implementation Package for the Health Catch-UP! Migrant Health Screening Tool in Primary Care: A Person-Based Approach Study	Lauren Gray Preventing anxiety and depression in people with inflammatory rheumatological conditions: a qualitative study	
15:50	Calum Lindsay An intervention to address 'missedness' in primary care: key principles and core activities	Charles Hay CAM-Pain-Q: Views on Care Needs for Musculoskeletal Pain in Children and Young People	
16:05	Hyun Yu A qualitative feasibility study exploring the views of general practitioners in England (UK), on the meanings and values of normal, ordinary and natural dying in primary palliative care	Rebecca Goulding UK national guidance recommends outpatient clinic letters be written directly to patients, not GPs. Is rheumatology embracing this approach and if not, why not?	

16:10	Lucy Potter Improving access to general practice for people with severe and multiple disadvantage: a realist review	Kieran Sweeney Workload in the clinical encounter in general practice is higher in deprived areas compared with affluent areas of Scotland: A cross-sectional analysis using a new consultation workload index	Jane Desborough The impact of income on people living with arthritis' use of strategies to manage the out-of-pocket costs of healthcare and medicines in Australia	Sanaa Hyder Ethnic minority patients' experiences of clinical communication with General Practitioners in the United Kingdom: a meta-synthesis of qualitative evidence	
16:15		John Broughan Improving the Quality of Primary Care using Practice Based Research Networks: a scoping review		Akbar Ansari A scoping review of how the Candidacy Framework has been applied in research on general practice	
16:30 - 17:15	Plenary 3. 11th Helen Lester Memorial Lecture Speaker: Prof Ann John Title: <i>Catch me if you can: self-harm and suicide in primary care</i> Chair: Prof Carolyn Chew-Graham				Red/Calon 1
19:00 - midn't	Conference drinks reception, dinner and dance (Pre-booked tickets only)				National Museum Cardiff

DAY 3 - THURSDAY 10TH JULY

TIME	LOCATION				
08:00	Registration opens	Calon lobby			
08:30 - 08:35	Welcome to Day 3	Red/Calon 1			
08:35 - 09:15	Dangerous Ideas Soap Box <ul style="list-style-type: none"> • Jess Drinkwater - Pay GPs to spend more time in their communities • Mike Holder - Patients should be discouraged from Googling their symptoms and use Chat-GPT instead • Oliver van Hecke - Scrap mandatory annual basic CPR training • Willemina Rietsema - Listening to our patients Chair: Prof Andrew Carson-Stevens				
09:15 - 10:00	Plenary 4 Speaker: Prof Claire Goodman Title: "Our ability to adapt is amazing. Our ability to change isn't quite as spectacular" (Lutz): research on working across health and social care Chair: Dr Victoria Shepherd				
10:00-10:30	Refreshment break	Calon lobby			

	Prescribing Poster area A	Mental Health Poster area B	Cancer and SAPC/RCGP Elective prize winner presentation - Poster area C
10:30	Ola Abdelfatah INdependent prEscribing in community phaRmAcY: whaT works for whom, why and in what circumstances (INTEGRATE): A Realist Review	Jasmine Chingono The mental health challenges faced by perpetrators of domestic abuse and their experiences of seeking help in primary care	Sioned Gwyn 'Get rid of the poop samples': a qualitative study exploring the acceptability of faecal immunochemical testing versus a blood test to detect colorectal cancer amongst marginalised groups
10:35	Ann Doherty Prevalence of ThinkCascades in community dwelling adults: longitudinal analysis of The Irish Longitudinal Study on Ageing (TILDA)	Stella Kozmér Attitudes of primary care professionals, carers and patients towards Binge Eating Disorder and Bulimia Nervosa: a mixed-method systematic review	Susannah Fleming Embedding a cluster-randomised RCT within a primary care database: CASNET2 and ORCHID
10:40	Ann Doherty Prevalence of potentially inappropriate prescribing in community-dwelling older adults: application of STOPP/START Version 3 to The Irish Longitudinal Study on Ageing (TILDA)	Natalia Lewis Principles of trauma-informed care in UK general practice: a multimethod qualitative study of existing policies, processes and practices	Judit Konya Early cancer detection in community pharmacies in deprived areas – a systematic review
10:45	Anusha Rao Hydroxychloroquine in general practice: safety and effectiveness of shared care agreements for prescribing and monitoring	Sally Ashton How can primary care physicians explore suicidal thoughts: a systematic review and narrative synthesis	SAPC/RCGP Elective Prize Winner Lauren Griffiths Health for All: Evaluating primary care inclusion within the UK and Ireland
10:50	Amelia Taylor Is it necessary to use both primary and secondary care data to identify cases of serious harm associated with hazardous prescribing? A descriptive analysis using CPRD data	Sarah McMullen Culturally adapting an intervention to improve cognitive functioning in people living with mild to moderate dementia from a Pakistani background: A Nominal Group Technique Workshop	
10:55	Yuan Tian Developing Indicators to Measure Low-Value Care in UK Primary Care: A Systematic Review and Consensus Study	Nandakumar Ravichandran Prevalence of Mental Health Disorders in General Practice from 2014 to 2024: A literature review and discussion paper	

11:05 – 12:05 Parallel session 6

	Red/Calon 1 Mental Health 2	Yellow/Brecon Reproductive Health	Green/Kidwelly Vulnerable Populations 2	Blue/Caerphilly Workforce 2	Purple/Peimbroke Inclusivity in Practice and Education	Pink/Caernarfon WORKSHOP 6
11:05	Victoria Silverwood & Caroline Mitchell PRAMS: Using experience-based co-design to improve access to perinatal mental health care for women in underserved groups	Oscar Taylor Fostering effective communication in simulated maternity emergencies: A mixed methods evaluation of interprofessional learning between medical and midwifery students	Emily Heyting An automated robotic process with clinician validation enhances end-of-life registration accuracy	Maria Panagioti Interventions to improve the work-related well-being and retention of primary care practitioners: a systematic review and meta-analysis	Anoushka Umranikar Can hairdressers act as a bridge between communities and health services, for cardiovascular health promotion in ethnically diverse women? Mixed methods study: Salon and practice mapping and training evaluation	Lynsay Crawford Comics and Conversation: capturing narratives of addiction and recovery to create a community graphic memoir

11:20	James Bailey Incidence of suicide within two years of a first diagnosis of depression, anxiety, or mixed anxiety and depression: a cohort study in primary care	Nigel Hart Improving Antenatal Vaccine Uptake in Northern Ireland: Developing an Intervention with PPPiE Insights	Sonya Bushell "Better to be prepared": understandings of early Advance Care Planning amongst those with long-term conditions, a qualitative interview study in primary care	James Tawse Primary care practitioners' perspectives on the delivery of workplace wellbeing interventions: A meta-synthesis	Claire Planner General practice support for autistic adults: findings from a realist review	
11:35	Charlotte Archer Talking about online activity and mental health with young people in primary care	Wendy Norman Primary Care collaboration across disciplines to expand abortion access: Canada's CART-Access Project	Vincent Singh What helps or hinders GPs and nurses discussing physical activity with patients with heart failure, and referring patients as appropriate to community exercise resources?	Emma Teasdale Primary care practitioners' views and experiences of completing and implementing EMPATHiCO training in everyday practice: a qualitative study	Rachel Hulme Do clinical practice guidelines enable adaptable primary care? A systematic review of the consideration of sex and gender dimensions in NICE clinical guidelines	
11:50	Sarah McMullen Understanding the mental health and wellbeing needs of family carers of people living with dementia from a South Asian background within primary care	Margaret Smith Maternal anaemia during pregnancy is associated with an increase in the risk of offspring congenital heart disease: a case-control study using linked electronic health records in England	Iskra Potgieter Falls prevention in Primary Care: co-production of a multi-factorial falls prevention checklist for community dwelling adults	Catherine Pope Reconsidering the "dragon behind the desk" - a focussed ethnography of GP reception work in eight English general practices	Kelly Birtwell Let's dance: improving physical activity for autistic adults through dance	
11:55	Catherine Sinnamon Carers' experiences and perspectives of depression and anxiety in people with dementia: an interview study	Susan Saldanha Identifying and responding to reproductive coercion in general practice	Isaiah Rayel Determining the Prevalence of Prodromal Symptoms of Parkinson's disease: A Systematic Review	Agalya Ramanathan How best to teach clinical speciality topics to medical students in Primary Care: A systematic review and narrative synthesis	Mike Holder Systematic review of the differences between trial-eligible and trial-ineligible patients in real-world populations	
12:00	Teena Rai Risk of Dementia in Individuals with Mood Disorders: A Matched Cohort Study	Rebecca Mawson The Hormone Effect (T.H.E) project - Co-design of a digital data collection tool to capture lived experience of hormonal contraception.	Rachel Spencer From Hospital to Home: A Retrospective Analysis of Care Utilisation and Errors for Older Adults Following Hospital Discharge	Agalya Ramanathan What are students' perspectives of learning from, and performing, quality improvement and audit projects in primary care settings?		
12:10 - 12:50	Award Winners Session <ul style="list-style-type: none"> • OECR Academic General Practitioner - Jienchi Dorward Title: Trials, diagnostics and routine data analysis to improve primary care management of infectious diseases in South Africa and the UK <ul style="list-style-type: none"> • OECR Primary Care Scientist - Kelly Birtwell Title: Advancing neuro-affirmative primary care through autism research <ul style="list-style-type: none"> • SAPC Doctoral prize - Lily Taylor Title: A better FIT: Risk stratification of screening intervals and FIT thresholds in bowel cancer screening Chair: Dr David Gillespie					Red/Calon 1
12:50 - 13:10	Prize giving and ASM 2026 preview Chair: Prof Rupert Payne & Dr Duncan Shrewsbury, SAPC Co Chairs					
13:10 - 14:00	Lunch & conference close					Calon lobby
14:00 - 16:00	Conference rooms available for networking					

LEADING THE FUTURE OF PRIMARY CARE

24th-26th
JUNE
2026

UNIVERSITY OF
ST ANDREWS

EMAIL - OFFICE@SAPC.AC.UK
WEB - SAPC.AC.UK
@SAPC.AC.UK #SAPC2026

54TH SAPC ANNUAL SCIENTIFIC MEETING

Drinks reception
THE MEDICAL SCHOOL
Gala dinner
OLD COURSE HOTEL
Thursday 25th June

Abstract submission deadline
30th January 2026



University of
St Andrews

SAPC

Society for Academic Primary Care

Photo credit: The University of St Andrews

KEYNOTE SPEAKERS

TUESDAY 8TH JULY

13.10-13.50 | OPENING PLENARY

WHAT'S THE FUTURE OF PRIMARY CARE?



PROFESSOR MARTIN MARSHALL

Professor Martin Marshall is the Chair of the Nuffield Trust, Chair of the National Centre for Creative Health, Emeritus Professor of Healthcare Improvement at UCL, and a non-executive director of the Royal Devon University Healthcare Trust.

Until November 2022 he was Chair of the Royal College of General Practitioners and a GP in East London.

Previously he was Programme Director for Primary Care at UCLP Partners, a health innovation partnership focusing on health challenges that have the biggest impact on people most in need. He has also previously been Director of R&D at the Health Foundation, Deputy Chief Medical Officer for England and Director General in the Department of Health, a clinical academic at the University of Manchester, and a Harkness Fellow in Healthcare Policy based at the RAND Corporation in Santa Monica, California.

He has over 250 publications in the field of quality of care and health service redesign, and the interface between primary care and other services. In 2005 he was awarded a CBE in the Queen's Birthday Honours for Services to Health Care.

WEDNESDAY 9TH JULY

08.35 - 09.20 | PLENARY 2



EVIDENCE OR BUST

DR MARGARET McCARTNEY

Dr Margaret McCartney is a GP in Glasgow and a Senior Clinical Lecturer in General Practice at the University of St Andrews.

Margaret is also a writer and broadcaster, and writes regularly for the medical and lay press. Margaret is an advocate for evidence-based healthcare. She co-founded the Royal College of General Practitioners

group on overdiagnosis, has campaigned about the need for transparency about the risks and benefits of health screening, and her PhD was about conflicts of interest in healthcare. She was made FRSE in 2023. She is a Director of Beira's Place, Edinburgh, and her full DOI is at whopaysthisdoctor.org.

KEYNOTE SPEAKERS

16.30 - 17.15 | THE 11TH HELEN LESTER
MEMORIAL LECTURE

CATCH ME IF YOU CAN: SELF-HARM AND SUICIDE IN PRIMARY CARE



PROFESSOR ANN JOHN

Ann holds a personal chair in Public Health and Psychiatry. She is a clinical epidemiologist with a background in

public health and general practice. Her research focuses on suicide and self-harm prevention and children and young peoples' mental health. She is PI and Co-Director of DATAMIND, the MRC funded HDRUK Mental Health Data Hub.

Ann leads a research programme with a focus on mental health data science including the MQ funded Adolescent Mental Health Data Platform, the Suicide Information Database-Cymru, the National Centre for Mental Health and the Wolfson Centre for Young People's Mental Health.

She is passionate about the translation of research into policy and practice. She chairs the National Advisory Group on suicide and self-harm prevention to Welsh Government. Ann has advised on a number of media storylines including Coronation Street and This is Going to Hurt. Ann is a trustee of the Samaritans and a Fellow of the Faculty of Public Health and Learned Society of Wales.

Ann has led and been involved in the development of several government and NHS-commissioned reports, policy documents and community resources. During the pandemic Ann was a participant in SAGE and TAG.

THURSDAY 10TH JULY

09.15 - 10.00 | PLENARY 4

"OUR ABILITY TO ADAPT IS AMAZING. OUR ABILITY TO CHANGE ISN'T QUITE AS SPECTACULAR" (LUTZ):

RESEARCH ON WORKING ACROSS HEALTH AND SOCIAL CARE



PROFESSOR CLAIRE GOODMAN

Claire is Professor of Health Care Research at the Centre for Research in Public

health and Community Care (CRIPACC) University of Hertfordshire. Fellow of the Queen's Nursing Institute and Emerita National Institute of Health Research (NIHR) Senior Investigator.

She was awarded an MBE in the 2024 Kings New Year Honours for services to older people's research.

Her research focuses on older people including those affected by dementia, with health and social care needs living at home or in long term care settings.

She co leads the NIHR EPSRC funded MEDAL (**M**odelling the **E**xperience of **D**ementia **A**nd other **L**ong term conditions) on how people living with dementia and other long term conditions and their carers access and use health and care services and the NIHR HS&DR recently completed DACHA study (**D**eveloping research resources **A**nd minimum data set for **C**are **H**omes' **A**doption and use)

<https://dachastudy.com/>.

CONFERENCE INFORMATION

WIFI

Complimentary wifi is available at the venue by registering your email to connect

MAIN REGISTRATION DESK

This is located in the Calon Lobby where, in addition to registering and asking for information, you can pre-book workshops and social activities.

CLOAKROOM/LUGGAGE DROP

This is available within the main hotel reception 24/7

POSTERS AND ORAL PRESENTATIONS

Display your poster on the designated board on the day of your presentation. Please remove your poster at the end of the day (or at lunch time on Wednesday if you are in poster session 2).

Speaker preview room - Montgomery suite, 3rd floor

If not already submitted by email, presentations should be taken to the speaker preview room at least two hours before the start of the session in which you are presenting so that they can be transferred to the appropriate session room.

CONFERENCE VOLUNTEER TEAM

The conference volunteer team will be on hand throughout the conference to guide you to the room you want to get to and answer general questions.

PARALLEL SESSIONS

Please could session chairs and speakers get to the room where your session will take place 10 minutes before the start time to meet each other and familiarise yourself with the audio-visual equipment.

ACCESSIBILITY

Information about accessibility for the Cardiff Holland House Hotel and National Museum Cardiff is available via the SAPC ASM webpage.

TOILETS

There are toilets available on all floors.

PHOTOGRAPHY

Photographs will be taken on all three days of the conference. Photos will be shared after the conference on the SAPC website and via social media. Please make yourself known to the photographer if you do not wish to have your photo taken.

PRESS ATTENDANCE - NOTICE TO PRESENTERS AND AUTHORS

There may be journalists attending the conference. If you do not wish your work to be reported, please state this at the beginning of your talk. You should also let the chair of the session know.

PUBLICATION OF ABSTRACTS

To view the abstracts, visit the online programme schedule.

The DOI link for a downloadable abstract booklet will be available on the conference page of the SAPC website after the event.

ATTENDANCE CERTIFICATES

If you wish to receive an attendance certificate, please indicate this on the online conference evaluation form which will be sent out by email after the event.

QUIET ROOM/PRAYER ROOM

The Llanelli suite is available for people to use as a quiet room, including for prayer.

SOCIAL PROGRAMME

We are thrilled to present a packed social programme for SAPC ASM 2025!

PIN-PAINTING CRAFT EVENT

We are excited to invite you to a Pin Painting Event during the conference afternoon breaks. This is a fantastic opportunity to unwind, network, and unleash your creativity. Guided by a talented local artist, you'll explore various painting techniques to create your unique pin designs. All materials will be provided, and no prior experience is necessary.

Date and time: Tuesday 8th July at 15:00 and Wednesday 9th July at 14:15

Meeting point: Second Floor break out area.



SAPC SOCIAL RUN

Route description: Join us for a gentle social run through Cardiff's City Centre. We'll run as a group, starting from the conference venue, running through the main street of the City Centre, alongside the front of Cardiff Castle and into Bute Park. From there, we will run alongside the River Taff, crossing Millennium Bridge before looping back via Blackweir Bridge and back the way we came. A great way to get your body moving after a packed conference programme!

Date and time: Tuesday 8th July 17:45

Meeting point: Calon Lobby

Distance and elevation: 6.5KM (50m elevation)

Route link: <https://footpathapp.com/routes/bb9a1507-dd7c-4523-a0dd-712f445367fd>

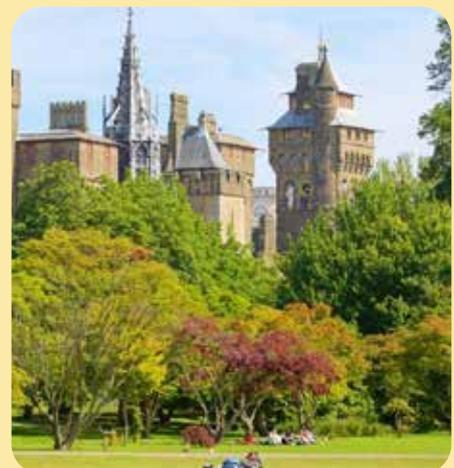


SAPC CARDIFF PARK STROLL

Route description: Join us for a walk through Cardiff's City Centre to Bute Park. We'll start from the conference venue, walking through the main street of the City Centre (restaurant suggestions and local knowledge will be provided), alongside the front of Cardiff Castle and into Bute Park. We will circle around Bute Park, having coffee on the way. From there, people can choose whether to go back to the city centre for dinner or to order food to the park and soak in the evening sunshine.

Date and time: Tuesday 8th July 17:45

Meeting point: Calon Lobby



PEER REVIEWERS

This year 281 submissions were received including 257 presentation abstracts, 24 workshops and creative enquiry pieces. All abstracts were peer reviewed by two reviewers. Reviewers scored each abstract on five areas using a five-point scale. A mean score was obtained for each abstract using the scores assigned to it by each peer reviewer. The abstracts were ranked according to mean score, and this ranking was then used as a starting point for discussion about acceptance by the

Scientific Programme Committee. The abstract scores dominated the Committee decision making but were not the sole criterion. The Committee also considered the alignment with conference themes, suitability for oral or poster presentation and the overall balance and fit of the programme.

The Scientific Programme Committee is indebted to the valuable contribution by our peer reviewers for their time and expertise:

Adam Williams

Gary Abel

Mary Carter

Adrian Edwards

Gemma Clarke

Michael Anderson

Alison Cooper

George Freeman

Nicholas Thomas

Andrea Hilton

Harriet Quinn-Scoggins

Nicola Reeve

Andrew Carson-Stevens

Heather Barry

Nigel Kirby

Ben Jackson

Isabel Hope

Olivia Robinson

Bradley Pittam

James Bennett

Peter Croft

Carol Coupland

Jaspal Taggar

Philip Pallmann

Carol Sinnott

Jess Drinkwater

Rachel Ann Spencer

Carolyn Chew-Graham

Joanne Reeve

Rebecca Cannings-John

Cathryn Pinto

Joe Rosenthal

Rebekah Burrow

Cherry-Ann Waldron

Joy McFadzean

Richard Ma

Claire Ashmore

Judith Ibison

Rupert Payne

David Gillespie

Kate Brain

Sam Merriel

David Jewell

Kate Lifford

Sarah Alderson

Deni Williams

Kathy

Savita Shanbhag

Eduard Shantsila

Katrina Turner

Thomas Purchase

Efi Mantzourani

Kerry Hood

Victoria Shepherd

Emma Thomas-Jones

Kevin McConville

Walter Cullen

Fiona Wood

Leigh Sanyaolu

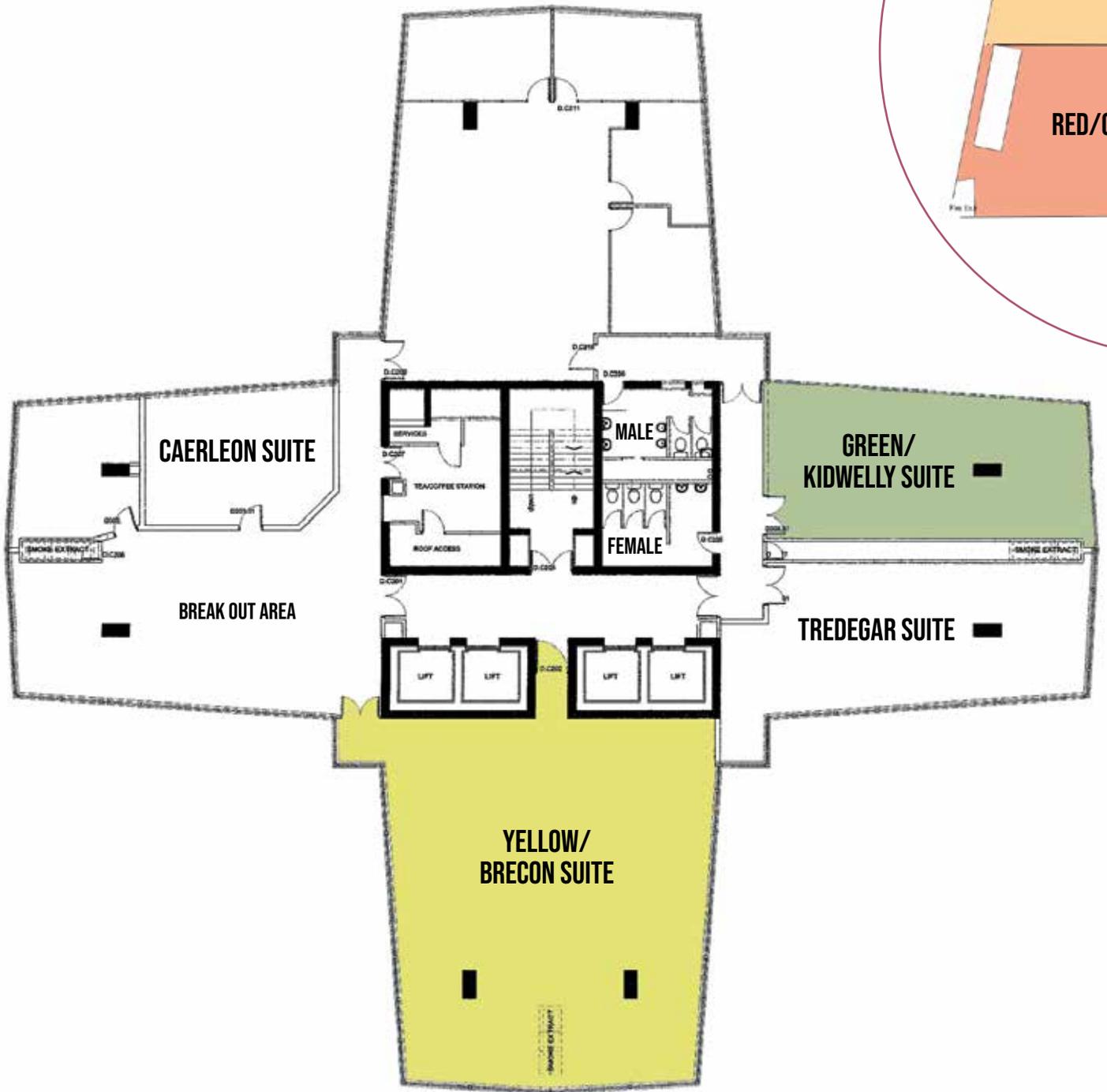
Will Coppola

Freya Davies

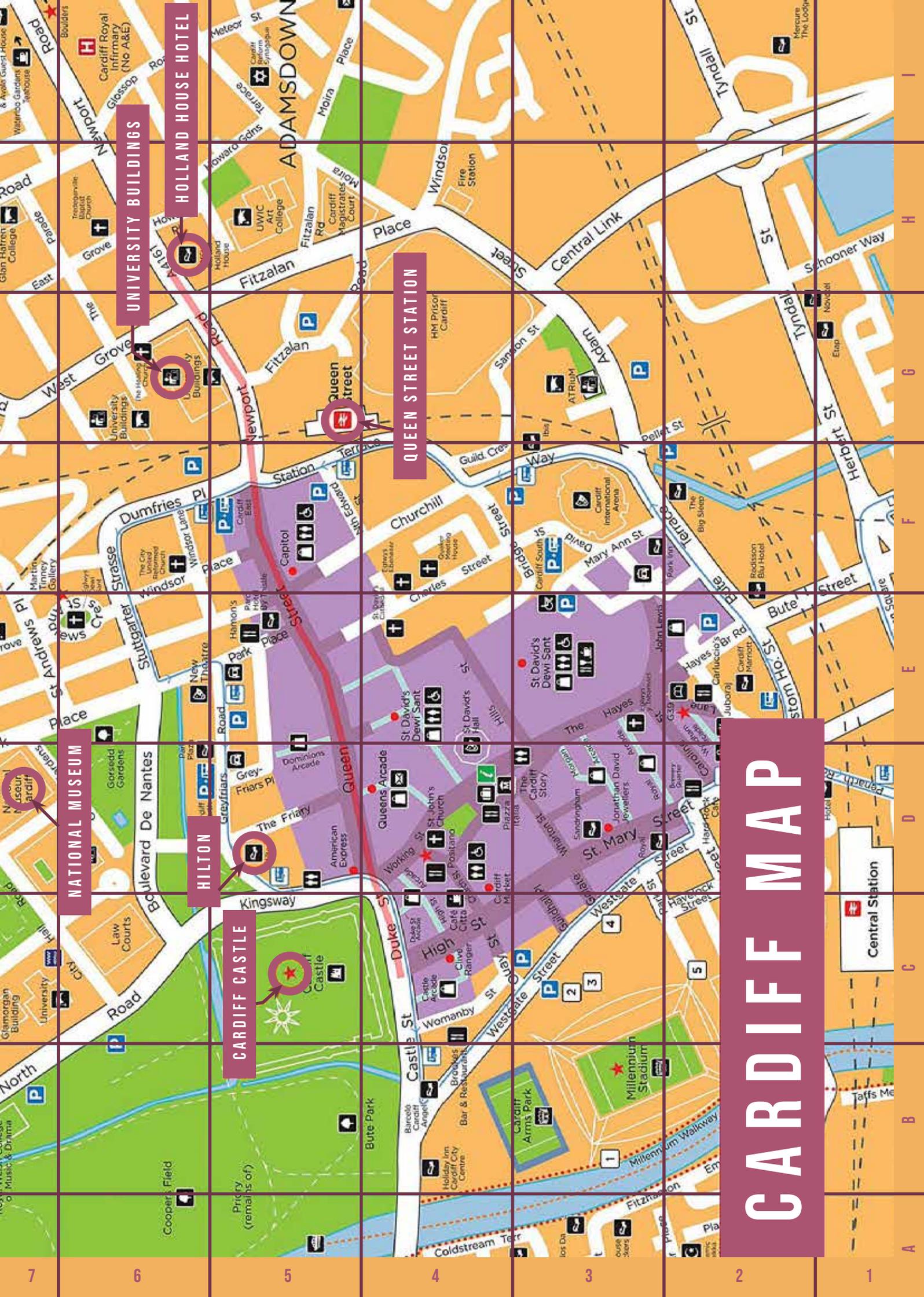
Margaret Smith

Willemina Rietsema

HOLLAND HOUSE HOTEL SECOND FLOOR



Delegates should note that there may be challenges moving between floors and we have tried to accommodate this by including additional time between sessions. There is a stair case between the ground floor and 1st floor. There is a stair case between the 2nd floor and 3rd floor. But to access the 2nd and 3rd floors from the ground and first floors you must use the hotel lift.



NATIONAL MUSEUM

CARDIFF CASTLE

HILTON

UNIVERSITY BUILDINGS

HOLLAND HOUSE HOTEL

QUEEN STREET STATION

CARDIFF MAP

7 6 5 4 3 2 1

A B C D E F G H

Central Station

Jaffs Me

Millennium Walkway

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